Psychosocial Rehabilitative Services

I. Definition of Services: Psychosocial Rehabilitative Services are those services that assist members in functioning within the limits of a disability resulting from mental illness. Services focus on restoration of a previous level of functioning, or improving the baseline level of functioning to support the principle of Recovery.

- Services must be individualized.
- Services must directly relate to individualized goals for improving functioning within a major life domain.
- Psychosocial Rehabilitative Services include a range of social, educational, vocational, behavioral, and cognitive interventions to improve member potential in a complete range of domains. Not all of these associated services will be a covered service under the Pre-Paid Mental Health Plan; however, coordination of care with the excluded services will be necessary.
- Skills training is an important component. It is aimed at restoration of member abilities essential for managing their illness, actively participating in treatment, and conducting the required activities of daily independent living.
- Services must be offered in the setting best suited for desired outcomes (i.e. home or community-based settings).

III. Admission Criteria: All of the following criteria are necessary for admission:

A. The individual demonstrates symptomatology consistent with a DSM-IV-TR (Axis I-II) diagnosis, which requires and can reasonably be expected to respond to Psychosocial Rehabilitative interventions.
B. Exacerbation or persistence of a long standing psychiatric disorder results in symptoms of thought, mood, behavior, or perception that significantly impair functioning in one or more major life area.
C. Psychosocial, Occupational, and Cultural and Linguistic factors- These factors should be considered when making level of care decisions.

IV. Exclusion Criteria: Any of the following criteria are sufficient for exclusion from this level of care:

A. The individual is a risk to self or others, or sufficient impairment exists that a more intensive level of service is required.
B. The individual does not voluntarily consent to participate in the services.
C. Individuals with the following conditions are excluded from admission unless there is also a coexisting DSM-IV-TR psychiatric diagnosis/condition with associated behavioral symptoms which determine the need for this kind of service and are the focus of intervention:
   - Autism
   - Mental Retardation
   - Delirium, Dementia, Amnestic and other Cognitive Disorders

V. Continued Stay All of the following criteria are necessary for continuing treatment at this level of care:
Criteria:

A. The individual’s condition continues to meet admission criteria;
B. The individual’s treatment does not require a more intensive level of care;
C. Progress in relation to specific symptoms or impairments is clearly evident and can be described in objective terms, but goals of the services have not yet been achieved;
D. When medically necessary, appropriate psychopharmacological intervention has been prescribed and/or evaluated.

VI. Discharge Criteria:

Any of the following criteria are sufficient for discharge from this level of care:

A. The individual’s functioning has improved to the point that s/he appears able to proceed with their recovery without these services.
B. The individual exhibits severe disruptive or dangerous behaviors (e.g., suicide/homicide attempt, drug/alcohol addiction, symptoms of psychosis) that require treatment at a more intensive level of care.
C. Consent for participation is withdrawn.