

## Home Health Services

**Service/Program Definition**

*Home Health Services* are holistic, consumer-centered, recovery-oriented mental health services delivered in the home setting to home-bound adults. These services are delivered by Registered Nurses with knowledge of medical and mental health issues.

Home Health services are individually tailored for each consumer to enable each to live in their own residence, better manage symptoms, increase functioning, achieve individual goals, maintain optimism, recover from the effects of the conditions they experience, and end the home-bound status. Home Health nursing service focuses on:

- managing the symptoms of physical and mental health illnesses that create the home-bound status; including skills training
- psychosocial education with the individual and significant others
- assessment of medication management effectiveness and assistance with taking medications as needed
- assessment of the need for additional services and community linkages

*Definition of 'Home-Bound'*: The individual is able to leave the home only with assistance, and only leaves the home for vital self-care tasks such as medical appointments or getting groceries.

<b>Criteria</b>	
<b>Admission Criteria</b>	<p><i>The following criteria are necessary for admission to this level of care:</i></p> <ol style="list-style-type: none"> <li>1. The individual is age 18 and older.</li> <li>2. The individual has symptoms consistent with a covered DSM-IV-TR diagnosis.</li> <li>3. The individual is home-bound due to function limitations caused by physical or behavioral health conditions.</li> </ol>
<b>Psychosocial, Occupational, Cultural and Linguistic Factors</b>	<p>These factors may change the risk assessment and should be considered when making level of care decisions.</p>
<b>Exclusion Criteria</b>	<p><i>Any of the following criteria is sufficient for exclusion from this level of care:</i></p> <ol style="list-style-type: none"> <li>1. The individual manifests behavioral and/or psychiatric symptoms that require a more intensive level of care.</li> <li>2. The individual can be safely maintained and effectively treated with less intensive services.</li> <li>3. The symptoms of the individual are the result of a non-covered condition.</li> <li>4. The individual does not voluntarily consent to treatment and there is no court order requiring such treatment.</li> <li>5. The individual is not home-bound.</li> </ol>

<p><b>Continued Stay Criteria</b></p>	<p><i>All of the following criteria are necessary for continuing treatment at this level of care:</i></p> <ol style="list-style-type: none"> <li>1. The severity of the behavioral and emotional symptoms continues to require this level of intervention.</li> <li>2. The mode, intensity, and frequency of the interventions are consistent with the intended treatment plan outcomes.</li> <li>3. When clinically necessary, appropriate psychopharmacological evaluation has been completed and ongoing treatment is initiated and monitored.</li> <li>4. Individualized services and treatments are tailored to achieve optimal results in a time efficient manner and are consistent with sound clinical practice.</li> <li>5. The individual and significant others as appropriate participate in treatment to the extent all parties are able.</li> <li>6. There is documented evidence of active, individualized discharge planning.</li> <li>7. The individual continues to be home-bound and cannot reasonably participate in services in an office setting.</li> <li>8. There is a documented active attempt at coordination of care with relevant providers when appropriate.</li> <li>9. All services and treatment are carefully structured to achieve optimum results in the most time efficient manner possible consistent with sound clinical practice.</li> <li>10. Progress in relation to specific symptoms or impairments is clearly evident and can be described in objective terms, but goals of treatment have not yet been achieved or adjustments in the treatment plan to address lack of progress are evident.</li> <li>11. Care is rendered in a clinically appropriate manner and focused on individual's behavioral and functional outcomes as described in the discharge plan.</li> </ol>
<p><b>Discharge Criteria</b></p>	<p><i>Any of the following criteria is sufficient for discharge from this level of care:</i></p> <ol style="list-style-type: none"> <li>1. The individual's treatment plan goals and objectives for this level of care have been met <b>and</b> a discharge plan with follow-up appointments is in place.</li> <li>2. The individual withdraws consent for treatment and there is no court order requiring such treatment.</li> <li>3. The individual's physical condition necessitates transfer to a more intensive level of care.</li> <li>4. The individual is no longer home-bound.</li> <li>5. The individual is not making progress toward treatment goals and there is no reasonable expectation of progress at this level of care</li> </ol>