

You, Your 12 Year-Old Child and Alcohol

Your child already has survived diapers and temper tantrums and is growing in special ways. Now your child may have new challenges like:

- ☆ Making new friends
- ☆ Feeling awkward or self-conscious
- ☆ Wanting to fit-in
- ☆ Trying new things— like sports, music, art, even alcohol

Many parents experience challenges with their child's behavior from time-to-time.

Parents can make a big difference in facing these new stepping stones towards the teen age years. Safe behavior takes some planning.

Help your child with some “one-liners” to say no to a drink:

- ☆ No thanks.
- ☆ I don't feel like it. Do you have any soda?
- ☆ Alcohol's not my thing.
- ☆ Are you talking to me? Forget it!
- ☆ Why do you keep pressuring me when I've said NO!
- ☆ Back off!



If you would like to learn more about how to talk to your child about alcohol, please call ValueOptions[®]. They will send you a copy of a free booklet: *Make a Difference: Talk to your Child about Alcohol.*

Call ValueOptions at: **1-866-719-6032**