# COLUMBIA-SUICIDE SEVERITY RATING SCALE (C-SSRS)

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## RISK ASSESSMENT - ADULT

Instructions: Check all risk and protective factors that apply. To be completed following the patient interview, review of medical record(s) and/or consultation with family members and/or other professionals.

<table>
<thead>
<tr>
<th>Past 3 Months</th>
<th>Suicidal and Self-Injurious Behavior</th>
<th>Lifetime</th>
<th>Clinical Status (Recent)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Actual suicide attempt</td>
<td></td>
<td>Hopelessness</td>
</tr>
<tr>
<td></td>
<td>Interrupted attempt</td>
<td></td>
<td>Major depressive episode</td>
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<tr>
<td></td>
<td>Aborted or Self-Interrupted attempt</td>
<td></td>
<td>Mixed affective episode (e.g. Bipolar)</td>
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<tr>
<td></td>
<td>Other preparatory acts to kill self</td>
<td></td>
<td>Command hallucinations to hurt self</td>
</tr>
<tr>
<td></td>
<td>Self-injurious behavior <em>without</em> suicidal intent</td>
<td></td>
<td>Highly impulsive behavior</td>
</tr>
</tbody>
</table>

### Suicidal Ideation
Check Most Severe in Past Month

- [ ] Wish to be dead
- [ ] Suicidal thoughts
- [ ] Suicidal thoughts with method (but without specific plan or intent to act)
- [ ] Suicidal intent (without specific plan)
- [ ] Suicidal intent with specific plan

### Activating Events (Recent)

- [ ] Method for suicide available (gun, pills, etc.)
- [ ] Refuses or feels unable to agree to safety plan
- [ ] Sexual abuse (lifetime)
- [ ] Family history of suicide (lifetime)

### Protective Factors (Recent)

- [ ] Identifies reasons for living

### Treatment History

- [ ] Responsibility to family or others; living with family
- [ ] Supportive social network or family
- [ ] Fear of death or dying due to pain and suffering
- [ ] Belief that suicide is immoral; high spirituality
- [ ] Engaged in work or school

### Other Risk Factors

### Other Protective Factors

- [ ]
- [ ]
- [ ]

Describe any suicidal, self-injurious or aggressive behavior (include dates)