Topics

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Background

- International Statistical Classification of Diseases (ICD) and Health Related Problems:
  - Is a medical classification for disease, signs & symptoms, abnormal findings and social circumstances.
  - It is published by the World Health Organization (WHO)

- The latest versions of ICD
  - Nations adopt newer versions of ICD as their national “clinical modifications” (CM) become defined
Background

- ICD-10 (International Version)
  - Adopted by WHO in 1990
  - Used by most other countries
  - Adopted by the United States and scheduled for Go Live October 2015

- ICD-10-CM (US Version)
  - Final Rule Published in 2012
  - Compliance Date - October 1, 2015
    - ICD-9 code sets used to report medical diagnoses will be replaced by ICD-10 code sets.
  - The transition to ICD-10 is required for everyone covered by the Health Insurance Portability Accountability Act (HIPAA).
Both DSM and ICD codes are used for diagnosis, but per HIPAA, ICD must be used for billing purposes.

DSM-5 utilizes ICD-9-CM and ICD-10-CM coding depending on the date of service.

Authorization requests will require the provider to supply the DSM-5 diagnosis using the correct ICD format depending on the requested start date.

ValueOptions will accept ICD-9 coding for requested authorization start dates prior to October 1, 2015 and will accept ICD-10 codes beginning October 1, 2015.

ICD-10-CM codes can be found in the DSM-5 manual.
**What’s Changing?**

<table>
<thead>
<tr>
<th>ICD-9 CM Diagnosis Codes</th>
<th>ICD-10- CM Diagnosis Codes</th>
</tr>
</thead>
<tbody>
<tr>
<td>3 to 5 digits</td>
<td>7 characters</td>
</tr>
<tr>
<td>Alpha “E” or “V” on first character</td>
<td>Alpha or numeric for any character</td>
</tr>
<tr>
<td>Approximately 14,000 codes</td>
<td>Approximately 69,000 codes</td>
</tr>
<tr>
<td>Terminology</td>
<td>Similar</td>
</tr>
<tr>
<td>Severity parameters limited</td>
<td>Extensive severity parameters</td>
</tr>
<tr>
<td>Combination codes limited</td>
<td>Combination codes common</td>
</tr>
</tbody>
</table>

*Source: Health Data Consulting*
What’s Changing?

- **Diagnosis Code Changes – Clinical Example**
  - ICD-9 $\rightarrow$ one ICD-10 code

Source: https://www.aapc.com/icd-10/codes/
What’s Changing:

- Diagnosis Code Changes – Clinical Example
  - ICD-9 → many ICD-10 codes

<table>
<thead>
<tr>
<th>ICD-9 292.85</th>
<th>ICD-10</th>
</tr>
</thead>
<tbody>
<tr>
<td>F11.182</td>
<td>Opioid abuse with opioid-induced sleep disorder</td>
</tr>
<tr>
<td>F11.282</td>
<td>Opioid dependence with opioid-induced sleep disorder</td>
</tr>
<tr>
<td>F11.982</td>
<td>Opioid use, unspecified with opioid-induced sleep disorder</td>
</tr>
<tr>
<td>F13.182</td>
<td>Sedative, hypnotic or anxiolytic abuse with sedative, hypnotic or anxiolytic-induced sleep disorder</td>
</tr>
<tr>
<td>F13.282</td>
<td>Sedative, hypnotic or anxiolytic dependence with sedative, hypnotic or anxiolytic-induced sleep disorder</td>
</tr>
<tr>
<td>F13.982</td>
<td>Sedative, hypnotic or anxiolytic use, unspecified with sedative, hypnotic or anxiolytic-induced sleep disorder</td>
</tr>
<tr>
<td>F14.182</td>
<td>Cocaine abuse with cocaine-induced sleep disorder</td>
</tr>
<tr>
<td>F14.282</td>
<td>Cocaine dependence with cocaine-induced sleep disorder</td>
</tr>
<tr>
<td>F14.982</td>
<td>Cocaine use, unspecified with cocaine-induced sleep disorder</td>
</tr>
<tr>
<td>F15.182</td>
<td>Other stimulant abuse with stimulant-induced sleep disorder</td>
</tr>
</tbody>
</table>

Source: https://www.aapc.com/icd-10/codes/
## What is Changing?

### Code Volume

<table>
<thead>
<tr>
<th>Clinical Area</th>
<th>ICD-9</th>
<th>ICD-10</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fractures</td>
<td>747</td>
<td>17099</td>
</tr>
<tr>
<td>Brain Injury</td>
<td>292</td>
<td>574</td>
</tr>
<tr>
<td>Anxiety Disorders</td>
<td>27</td>
<td>47</td>
</tr>
<tr>
<td>Mood Related Disorders</td>
<td>75</td>
<td>71</td>
</tr>
<tr>
<td>Hypertensive Disease</td>
<td>33</td>
<td>14</td>
</tr>
</tbody>
</table>

*Source: Health Data Consulting*
What is Changing?

- Same content will be in many places
- Less than 5% of all ICD-9 and ICD-10 codes crosswalk 1:1
- In some cases, a single ICD-9 code could be represented by multiple ICD-10 codes or a cluster of ICD-10 codes may be required to describe a single ICD-9 code
- Some concepts will be lost when translating between ICD-9 and ICD-10
  - Substance Dependence concept has been removed from ICD-10
  - Substance Use is now defined by specific substance
- Overall, by using ICD-10, documentation will improve
ICD-10 Impact on Providers

- Systems Changes
  - Practice Management Systems
  - Billing Systems & Transactions
- Office Workflow Changes
- Documentation Changes
- Claim Submission Processes
- EDI Transactions
ValueOptions Approach

- Overall, ICD-10 conversion will affect our network providers’ business processes
- ValueOptions will strive to assist providers through the ICD-10 conversion process to successfully meet the following goals:
  - Correct Documentation
  - Appropriate payment for services rendered
General Assumptions:

Affected Codes:
- Medical and behavioral health codes are in scope
- Diagnoses: All ICD-9 diagnoses codes are being replaced

The compliance date for ICD-10 is October 1, 2015 and claims with dates of service on or after this date must use the new coding system.

Revenue codes will continue to be accepted after ICD-10
- None of our fee schedules are currently based on ICD-10; therefore, existing Provider fee schedules are not impacted by the required code changes.
ICD-10 Timeline

- 4 Qtr 2012
- 1 Qtr 2013
- 2 Qtr 2013
- 3 Qtr 2013
- 4 Qtr 2013
- 1 Qtr 2014
- 2 Qtr 2014
- 3 Qtr 2014
- 4 Qtr 2014
- 1 Qtr 2015
- 2 Qtr 2015
- 3 Qtr 2015
- 4 Qtr 2015

1. Identify Project Team
2. Gap Analysis/Performance Requirements
3. Design
4. Development/Testing
   - Application and EDI Transaction Development Complete
5. Provider/Trading Partner Testing
6. ICD-10 Go Live 10/1/15
To prepare for the ICD-10 transition providers should:

- Create a transition team or project manager
- Develop a conversion plan and communicate to staff
- Determine what the overall impact will be on your organization or practice
- Determine documentation and record changes
- Speak with your payers, billing and IT staff
- Reach out to trading partners about testing
- Begin testing as soon as possible

Access the CMS ICD-10 provider guides and checklist for further assistance with planning –

- [http://www.cms.gov/Medicare/Coding/ICD10/ProviderResources.html](http://www.cms.gov/Medicare/Coding/ICD10/ProviderResources.html)
The ValueOptions ICD-10 development / testing is underway and started in Quarter 1 of 2014.

Testing will continue into Quarter 3 2015.

During testing, providers are able to submit test claims with both ICD-9 and ICD-10 codes to test dual use in the ValueOptions testing environment.

For testing questions and technical questions, providers can call the ValueOptions EDI Help Desk at 888.247.9311.
CMS Resources

- CMS Provider Resources page
  - [http://www.cms.gov/Medicare/Coding/ICD10/ProviderResources.html](http://www.cms.gov/Medicare/Coding/ICD10/ProviderResources.html)

- CMS Preparation Checklists

- CMS has a detailed FAQ document about the ICD-10 transition available on their website:

- CMS will run Medicare claims with ICD-10 codes through end-to-end testing
ICD-10 Transition Materials
- http://valueoptions.com/providers/Spotlight.htm#icd
- Provider Frequently Asked Questions
  - http://www.valueoptions.com/providers/Files/pdfs/ICD-10_FAQ.pdf

Our next ICD-10 webinar will be Thursday June 11th from 10:00 – 11:00 a.m. ET
- A copy of this training will be available within the next week at http://valueoptions.com/providers/Webinar-Archive.htm

Additional webinars can be found on a variety of topics at http://valueoptions.com/providers/Webinars.htm
Contacts

- For ICD-10 testing and technical questions:
  - EDI Help Desk
    - Monday through Friday, 8 a.m. to 6 p.m. ET
    - Phone: **888.247.9311**
    - Email at e-supportservices@valueoptions.com

- For all other provider ICD-10 questions:
  - Provider Services Line
    - Monday through Friday, 8 a.m. to 8 p.m. ET
    - Phone: **800.397.1630**