DSM-5
Provider Frequently Asked Questions

This FAQ document will continue to be reviewed and updated frequently in order to provide the most current and pertinent information.

ValueOptions® DSM-5 General Questions

At its annual meeting in May 2013, the American Psychiatric Association (APA) released the new DSM-5. This is the first update in almost 20 years since DSM-IV was released.

Q: What is ValueOptions approach for adopting DSM-5?
A. ValueOptions will be adopting the DSM-5 coding for clinical purposes. Please refer to the timeline for specific dates and details.

Q: When should ValueOptions providers begin using the DSM-5?
A. In response to provider feedback regarding variable states of readiness to comply with the DSM-5 changes, ValueOptions has adopted a timeline to make the DSM-IV to DSM-5 transition as minimally disruptive as possible. Basically, we want to provide a broader transition window of accepting both DSM-IV and DSM-5 coding. During the transition phase, as noted below, providers will be able to submit diagnoses using either DSM-IV or DSM-5 coding within ProviderConnect®.

Timeline

- **January 2014:** ValueOptions begins to accept information for clinical purposes (i.e. authorization requests) using the DSM-5 framework

- **January- June 2014:** DSM-IV screen layout will still exist in ProviderConnect; however both DSM-IV or DSM-V clinical diagnoses coding will be accepted

Instructions are available [online](#) on how to submit DSM-5 data using the DSM-IV layout.

- **June 28, 2014:** ProviderConnect screen enhancement will occur and the authorization screen layout will be modified to support the sun setting of axis I-V framework and the adoption of the new DSM-5 model that ValueOptions is implementing. During the ProviderConnect screen enhancement process, any authorization requests in draft form on
ProviderConnect will be deleted. To ensure data is not lost, we encourage providers to complete and submit all draft authorization requests prior to Friday, June 27, 2014.

A guide outlining the new ProviderConnect DSM-5 screen modifications is available online along with information on how to utilize new screen fields.

Q: How will the migration to DSM-5 affect the way providers do business with ValueOptions?

A. ValueOptions will continue to collect the diagnostic information needed for authorization requests utilizing the new DSM-5 framework. We are reviewing the existing workflows for capturing diagnostic information and evaluating where modifications will be needed to support the new DSM-5 using the updated diagnostic categories and ICD coding.

Q: How do I use the codes listed in DSM-5 and are they related to ICD-10?

A. DSM-5 utilizes ICD-9 and ICD-10 coding dependent on the date of the request. ValueOptions will accept ICD-9 coding for requested start dates prior to the ICD-10 compliance date and will only accept ICD-10 codes beginning on the ICD-10 compliance date.

Q: How often will ValueOptions provide DSM-5 status updates and where can provider updates be found?

A. ValueOptions will provide status updates to providers via monthly newsletters and the DSM-5 FAQ. The DSM-5 informational webpage is also available.

Clinical

Q: Since Axes I, II and III no longer exist, how will we record the conditions?

ValueOptions will continue to gather information on the behavioral diagnosis(es) as well as the medical conditions and any social elements impacting the diagnosis. Providers may also submit assessment scores for a variety of assessment tools.

Q: Will the standard clinical forms providers submit to ValueOptions change as a
result of the DSM-5 updates?

A. Modifications to the current forms will be necessary to support the new DSM-5 presentation. Forms will be updated and posted to support the screen designs and overall implementation of the DSM-5.

Q: When submitting an authorization via ProviderConnect®, will providers have new screens reflecting the DSM-5 updates?

A. On June 28, 2014, ProviderConnect screens will be updated to reflect changes as a result of DSM-5. We are working to make the screen changes with minimal disruption and change to the current designs and flows.

A guide outlining the new ProviderConnect DSM-5 screen modifications is available online along with information on how to utilize new screen fields.

Please Note: During the ProviderConnect screen enhancement process, any authorization requests in draft form on ProviderConnect will be deleted. To ensure data is not lost, we encourage providers to complete and submit all draft authorization requests prior to Friday, June 27, 2014.

Q: How do we treat a patient that has a diagnosis that no longer is defined in the DSM-5?

A. With the migration to DSM-5 it will be necessary to provide the diagnosis using the DSM-5 criteria and descriptions.

Q: Will Treatment Guidelines and Clinical Criteria change as a result of DSM-5?

A. There will be some updates needed to the Treatment Guidelines and Clinical Criteria to map to the updated diagnosis codes and descriptions.

Q: Do you expect medical necessity and/or medical policy to change as a result of DSM-5?

A. ValueOptions will continue to utilize medical necessity criteria based on the level of care and program in relationship to the presenting symptomatology. All criteria and policy will be reviewed to evaluate if any changes based on the new diagnoses is required.
Claims Payment

Q: Will reimbursement methodology be impacted by DSM-5?

A. ValueOptions will continue to use Revenue codes, CPT codes and HCPCs in payment schedules. ICD-9 codes will continue to be used for claims payment purposes until ICD-10 goes into effect. At this time, we do not anticipate impact to reimbursement methodologies.

Q: Will the DSM-5 migration change claims submittal and claims processing with ValueOptions?

A. No. Claims will continue to be submitted using ICD codes. ICD-9 codes will be used until the ICD-10 mandate goes into effect. ICD-10 codes will need to be used for all dates of services on or after the compliance date.

DSM-5 Provider Training

Q: How will ValueOptions educate and train providers on DSM-5?

A. Network providers can attend our quarterly Giving Value Back to the Provider webinars in June. Providers will learn about DSM-5 updates and other important updates concerning ValueOptions. DSM-5 specific trainings will not be offered.

- June 5, 2014 2 p.m. to 4 p.m. ET
- June 6, 2014 11 a.m. to 1 p.m. ET

DSM-5 Resources

Q: Where can providers find additional information about DSM-5?

A. Visit the following websites:

- http://www.psychiatry.org/dsm5
- http://www.dsm5.org/Pages/Default.aspx
- http://www.dsm5.org/about/Pages/faq.aspx
Q: Where can I purchase DSM-5?

A. http://www.appi.org/Pages/DSM.aspx

Q: What if I have additional questions concerning ValueOptions and the DSM-5 migration?

A. Please call the ValueOptions Provider Services Line at 800.397.1630 Monday – Friday 8 a.m. to 8 p.m. ET