

ADHD Resources

Organizations

CHADD

www.chadd.org

Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD) is one of the largest national organizations devoted solely to issues related to ADHD. The site provides a comprehensive array of resources including FAQs, research, and publications such as “Parenting a Child with ADHD.” It includes places to get support. It also has extensive information on public policy and legal issues, and a chapter-locator function that allows users to search for local CHADD affiliates.

ADDA

www.add.org

The Attention Deficit Disorder Association (ADDA) is a national organization devoted to ADHD issues. ADDA’s site contains FAQs, research and information on treatment, legal issues, work issues, and lists of other resources. It also has a fairly comprehensive section on ADD coaching.

Informational sites

LDOnline.org

www.ldonline.org

This site has information about ADHD and Learning Disabilities (LDs). Its collection of FAQs and articles is fairly extensive. It also has a forum for teachers of ADHD students, an area for kids, and a list of local resources broken down by state.

ADDvance.com

www.addvance.com

This site is sponsored by the National Center for Gender Issues and ADHD and focuses on girls and women with ADHD. It contains articles, links, lists of books and organizations, and upcoming events all related to girls and women with ADHD. Users can subscribe to a monthly newsletter with articles related to ADHD and gender.

NIMH

www.nimh.nih.gov

The mission of the National Institute of Mental Health (NIMH) is to “reduce the burden of mental illness and behavioral disorders.” The site contains a large ADHD FAQ section, including an extensive collection of information about ADHD research.

Help4ADHD.org

www.help4adhd.org

Funded by the Centers for Disease Control, this site is managed by CHADD. It contains extensive information on diagnosis and treatment, how to deal with the legal system, the education system, the insurance system, and how to get along in everyday life with ADHD. It also has FAQs for each topic, and links to related sites.

CDC.gov

www.cdc.gov/ncbddd/adhd/

General information about ADHD, its symptoms, and its effects on relationships. Some links, references, and publications.

WebMD.com

my.webmd.com/medical-information/condition_centers/add_adhd/default.htm

The site has substantial information about all facets of ADHD including its causes, symptoms, diagnosis, and treatments. It also provides specific information about medications, updated articles about ADHD, information about adult ADHD, and even message boards for ADHD-related discussions.

AdditudeMag.com

www.additudemag.com

This is the website of an ADHD magazine. It provides access to some of the articles in the magazine, as well as some more general ADHD-related information.

ADD.MiningCo.com

add.miningco.com/mbody.htm

This site contains articles on a variety of different ADHD-related topics, including some that are not widely covered, such as ADHD and risk-taking, and TV ads for ADHD medications.

E-books and Books

PediatricNeurology.com

www.pediatricneurology.com/adhd.htm

This is an “e-book” about ADHD with chapters on a wide variety of topics including various checklists, therapies, polls, and audio simulations of ADHD. It also contains some interesting ADHD analogies and humor.

NewIdeas.net

www.newideas.net

This is a 10-chapter e-book about ADHD. Each chapter focuses on a different aspect of ADHD.

Making the System Work for Your child with ADHD by Peter S. Jensen, MD

This book is written by a psychiatrist who raised a son with ADHD. Practical help with sample forms, letters, and charts to help parents.

Articles and Tools

npin.org

www.npin.org

This site contains detailed information on educational software and services for middle school, high school, and college students. Related topics includes; learning disability software, tutoring services, home schooling, learning disability scholarships, homework tools and live homework help.

ericec.org

www.ericec.org/digests/e622.html

This site has facts and references about adult ADHD.

nichq.org

www.nichq.org

This site has a downloadable toolkit with excellent information and resources. Although it is intended for clinicians, the kit has a Parent Information and Support Section. This includes tips for parents on dealing with homework, the school system, and sleep problems.

Courtesy of

