



March 4, 2008

FIRST NAME, LAST NAME
ADDRESS
CITY, STATE ZIP CODE

Dear Provider,

In April 2007, ValueOptions adopted the American Academy of Child and Adolescent Psychiatry Practice Parameters for the Assessment and Treatment of Children and Adolescents with Attention-Deficit Hyperactivity Disorder.¹ One of the key recommendations when assessing a child or adolescent in your practice is to consider family functioning. ADHD runs in families with about 25% of biological parents also having this medical condition.

Since ADHD is inheritable, the guidelines note that a high prevalence is found among the patient's family. For this reason, ValueOptions promotes parental education regarding the need to have other siblings screened for ADHD. Enclosed are educational materials that you may reproduce and use in your practice with families when clinically indicated.

- AACAP Facts For Families #6
- Questions to Ask
- Safety Tips for Children with ADHD
- Tips for Parents Of Children with ADHD - Getting Started
- ADHD Resources

Visit the Valueoptions website to download additional copies of the ADHD educational materials or to download the 2008 ValueOptions North Carolina KeyUpdates provider newsletter at http://www.valueoptions.com/providers/Network/NCSC_State_Local_Government.htm or call the toll free prevention line at **1-866-719-6032** for hard copies or questions.

Thank you and best wishes,

A handwritten signature in black ink that reads "Deborah L. Tosi".

Deborah L. Tosi, RN, MSN, CPHQ
Quality Management Director
ValueOptions

¹ Copies may be downloaded from the AACAP website http://www.aacap.org/cs/root/member_information/practice_information/practice_parameters/practice_parameters or by calling the AACAP at 202.966.7300, x137.