

CAGE

Screening Questionnaire for Alcohol Dependence

The CAGE screening questionnaire is used to screen for alcohol abuse and dependence in adults. It is not intended to be used for diagnosing the disease but only as a tool to indicate whether a problem may exist.

The CAGE questionnaire consists of four questions that relate to your use of alcohol:

	YES	NO
Have you ever felt you ought to cut down on your drinking or drug use?		
Do you get annoyed at criticism of your drinking or drug use?		
Do you ever feel Guilty about your drinking or drug use?		
Do you ever take an Early-morning drink (eye-opener) or use drugs first thing in the Morning ("a little hair of the dog that bit you") to get the day started or eliminate the "shakes"?		

If you answer "yes," "sometimes," or "often" to **2 or more** of the questions, you may have a problem with alcohol. If you think you or someone you care about has an alcohol use problem talk with a health professional.