



***** Provider Alert*****

TO: ValueOptions Providers

FROM: Robin A. Cunningham
Director, Consumer & Provider Relations

DATE: November 10, 2005

SUBJECT: Cognitive Behavior Therapy (CBT) for Individuals Age 21 and Over
Effective December 1, 2005

Effective December 1, 2005, the state is changing **Adult Service Package 2 (SP2)** benefits to eliminate the rehabilitation counseling codes and replace them with the following service codes:

Old Code	New Code	Description
H0004 HE	90806	Face-to-face individual psychotherapy, insight oriented, behavior modifying and/or supportive (45-50 minutes in duration)
H004 HQ	90853	Group psychotherapy (other than of a multiple-family group)

Additionally, 90847 {Family psychotherapy (conjoint psychotherapy) (with patient present)} is available for counseling outside of service package 2 , but will not be a part of SP2.

The new service codes for service package 2 require the counseling services be rendered by a Texas licensed practitioner - LMFT, LCSW, LPC, or Psychologist. This includes services provided to adults. Medicaid reimbursement is not available under the counseling benefit when the service provider is an intern working under the supervision of a licensed practitioner. However, for Specialty Provider Network (SPN) agencies, non-Medicaid (Indigent) funded CBT may be provided **to adults** by a Master's level CBT trained intern working under the supervision of a licensed practitioner.

The MH rehabilitative service of "Rehabilitative Counseling and Psychotherapy" will no longer be available. For service dates of December 1, 2005 and forward, the provision of CBT, regardless of client age, is to be billed using the procedure codes of 90806 and 90853 for individual and group, respectively.

The following codes will be **eliminated** from Adult SP2 effective December 1, 2005:

Code	Description
H0004-HE	Behavioral health counseling and therapy, per 15 minutes (mental health program)

H0004-HQ	Behavioral health counseling and therapy, per 15 minutes (group setting)
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ValueOptions will convert all of your existing authorizations for H0004 (HE & HQ) to the necessary TIN service codes so that your claims with dates of service on or after December 1, 2005 will adjudicate appropriately when your claims are submitted. The units remaining on December 1, 2005, will be divided by 4 to allow for the unit size difference for the services that were previously authorized. This is being done because the H0004 codes were billed in 15 minute increments and the TIN codes are billed by the hour.

To reiterate, please bill the current services H0004 (HE & HQ) until November 30, 2005. Then on December 1, 2005, bill the reinstated TIN codes _90806_ and 90853 (90847 available but not in SP2) on your claims effective December 1, 2005. Amendments reflecting these changes and rates will be distributed to your agency's contracting designee.

Should you have any questions about this communication or the change to Adult Service Package 2, please contact one of the following ValueOptions' personnel:

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