

You and Your Six-Year-Old Child

Your six year old is growing and developing in special ways. Your child is learning to:

- ☆ Climb, slide, swing, dance and skip.
- ☆ Play with new friends.
- ☆ Want to know what things “mean”.
- ☆ Enjoy jokes and sing songs.



Many parents experience challenges with their child's behavior from time to time.

Sometimes children may:

- ☆ Fidget or squirm.
- ☆ Run or climb when he or she shouldn't.
- ☆ Be on the go, as if driven by a motor.
- ☆ Have difficulty waiting his or her turn.
- ☆ Act or speak without thinking.
- ☆ Get bumps, bruises, or other injuries because they are not paying attention.

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However, for children with *Attention Deficit Disorder* (ADHD) some normal things are more extreme. Or happen more often. Sometimes their conduct causes trouble at school or other places. If you think your child may be having a problem like ADHD, you should know that treatment can help your child to lead a full and happy life.

There are many reasons why children act the way they do. A child's doctor is the best person to ask about your concerns. In order to help the pediatrician, complete the Vanderbilt Screening Tool for Parents (*modified*) —found on this web site. This gives the pediatrician information on how your child behaves at home.

If you would like to learn more about ADHD or would like to have your child screened for ADHD, please complete the free screening tool and mail it to: .

**Attn: NESC QM Department
433 River Street, Suite 5000
Troy NY 12180**

If the screening tool suggests that your child has symptoms like those found in ADHD, ValueOptions will contact you. They will send you a free booklet developed by the National Institute of Mental Health with information about ADHD.

Should the screens suggest that your child might have ADHD, ValueOptions can also send the results to your child's doctor. Sending the results is like having lab work sent to your child's doctor. This will assist the doctor in identifying any follow-up medical care that may be needed.

We hope that you decide to complete the survey. But, whatever you decide, you may phone ValueOptions, any time of day to leave a confidential voice mail message at 1-800-322-4824, press option 2, extension 2114.