

January 2010

**ORDER TURN IN DATE:**

**Today through Jan. 18**

(Payment is required when the order is placed.)  
(For participants that do not order the  
Prairie Pak – a \$1.00 Site charge will be  
added.)

**2 Ways to Order**

1. Order at your community host site  
using cash, check or the Vision  
Card/Food Stamps.

2. Order online at  
[www.prairielandfood.com](http://www.prairielandfood.com)  
pay by check or Debit card

SOUTHERN KANSAS LOCATIONS for  
Developer June Glasgow  
(800)-998-9436

Alta Vista, Andover, Ashland, Augusta, Baldwin  
City, Bentley, Burrton, Caldwell, Coldwater,  
Conway Springs, Council Grove, Derby, Dighton,  
Dodge City, Douglass, El Dorado, Eureka,  
Florence, Fredonia, Garden City, Goessel,  
Goddard, Greensburg, Gueda Springs, Halstead,  
Haven, Haysville, Hesston, Hillsboro, Howard,  
Hugoton, Hutchinson, Kingman, Lakin, Larned,  
Lehigh, Liberal, Lyons, Marion, McPherson,  
Meade, Milan, Minneola, Mount Hope, Mulvane,  
Newton, Oxford, Pratt, Protection, Ramona,  
Satanta, Scott City, Severy, St. John, South  
Haven, Stafford, Sterling, Sublette, Syracuse,  
Wellington, White City, Wichita (9 locations  
available), Winfield, Yates Center  
[june@prairielandfood.com](mailto:june@prairielandfood.com)

NORTHERN KANSAS LOCATIONS for  
Developer Linda Hagan  
(800)298-1989

Abilene, Agra, Assaria, Atwood, Belleville, Belvue,  
Bennington, Blue Rapids, Colby, Concordia,  
Courtland, Damar, Downs, Ellinwood, Ellis,  
Ellsworth, Formoso, Goodland, Grainfield, Great  
Bend, Hays, Hill City, Hoisington, Jewell, Junction  
City, LaCrosse, Leoti, Lenora, Lincoln, Logan,  
Lucas, Luray, Manhattan, Mankato, Marysville,  
McDonald, Minneapolis, Ness City, Norcatour,  
Norton, Oakley, Oberlin, Osborne, Palco,  
Phillipsburg, Quinter, Randall, Randolph, Ransom,  
Rexford, Salina, Scandia, Selden, St. Francis,  
Stockton, Tribune, Wakefield, Washington,  
Webber, Westmoreland, Wilson.  
[linda@prairielandfood.com](mailto:linda@prairielandfood.com)

**Prairie Land Food is for Everyone.**

Prairie Land Food packages & Specials can now be ordered individually with  
or without the purchase of the Prairie Pak!

\*Save Money \*Shop Smart ~No Income Guideline.

**Prairie Pak \$23.00** Includes \$2.00 trucking and \$1.00 site fee

\*B/S – Boneless Skinless \*F/C – Fully Cooked \*IQF – Individually Quick Frozen

F/C Split Chicken Breasts – 1.75 lbs.

Turkey Breakfast Sausage – 1 lb.

Lean Ground Beef – 1 lb.

Chicken Breast Fillets – 1 lb.

Ham Steaks (four/4 oz.) – 1 lb.

Cabbage, Potatoes, Onions, Broccoli, Apples, Tangerines, Additional  
item will be announced later.

**PLUS TWO (2) HOURS OF VOLUNTEER SERVICE.**

Note: Due to market conditions, items are subject to change

**MEAT ONLY PACKAGE \$14.00** (plus one additional hour of service)

\*the meat items listed above in the Prairie Pak

**FRUIT AND VEGGIE PAK \$12.00** (plus one additional hour of  
service)

\*Includes all non meat items included in the Prairie Pak.

**JANUARY Specials ~~~~ HAPPY NEW YEAR!!**

**SPECIAL #1 "SUPPER TIME ENTREES" - \$21.00**

Seven (7)/ 16 oz. Entrees (previously these were only 14 oz.) Homemade Look  
is matched with a Homemade taste – *Lasagna w/Meat Sauce – Grilled Chicken  
Breast Alfredo w/Penne Pasta & Broccoli Florets – Beef Strips w/Mashed Potatoes,  
California Blend Mixed Vegetables & Gravy - Beef Ravioli in Marinara Sauce –  
Chicken Parmesan w/Penne Pasta, Sauce and Mozzarella – Manicotti w/ Marinara  
Sauce – Turkey ala King w/Rice, California Blend mixed Vegetables.*

**PLUS ONE (1) HOUR OF VOLUNTEER SERVICE**

**SPECIAL #2 "SUPER BOWL SPECIAL" - \$15.00**

5 lb. F/C Chicken Wings – Just Heat and Eat

**PLUS ONE (1) HOUR OF VOLUNTEER SERVICE**

**SPECIAL #3 - "1/2 PRICE SPECIAL" - \$22.00**

F/C Beef Sirloin Steak Strips – 6 lb. Box – This is a new item – This is a great  
item at a WOW price! There are so many things that can be done with this  
special – will make a lot of meals.

**PLUS ONE (1) HOUR OF VOLUNTEER SERVICE.**